





SWAU-AdventHealth Southwest Region International ELL Nursing

Pathway Program

Empowering International Nurses to Launch a U.S. Career in Healthcare





Overview

Southwestern Adventist University (SWAU), in partnership with AdventHealth Southwest Region, proudly offers a life-changing two-phase program designed specifically for internationally educated nurses. This pathway program helps qualified nurses transition into the U.S. nursing workforce by preparing them for the NCLEX-RN examination, enhancing cultural competence, and offering pre-employment training and licensing support. Delivered through a hybrid model that includes 13 weeks of online coursework, and a 3-week on-campus experiential training component, the program addresses the national nursing shortage by equipping international nurses with the knowledge, skills, and licensure preparation required to practice in the United States.

Program Overview

The International ELL Nursing Pathway Program is a two-stage journey:

- Phase 1
 - 13-Week NCLEX Online Preparation Program
- Phase 2

3-Week In-Person Summer Intensive Program at Southwestern Adventist University in Keene, Texas (U.S.)

Eligibility Criteria

- To be eligible for the program, you must:
- Be a Mexican citizen
- Hold an active nursing license from Mexico, US, or Canada
- Have at least 2 years of clinical nursing experience

Successful participants will

- Complete a U.S.-standard curriculum to pass the NCLEX-RN.
- Gain essential skills in U.S. healthcare communication, documentation, law, and safety.
- Receive visa sponsorship and all-expense-paid travel to the U.S. for Phase 2.
- Be eligible for employment with AdventHealth Southwest Region upon passing the NCLEX and meeting licensure requirements.

Required Documents

- Copy of official university transcript (PDF)
- Copy of valid Mexican nursing license (PDF)
- Resume (PDF)
- Copy of Mexican Passport
- *Proof of English proficiency test result (or commitment to submit by Week 3)

*English Proficiency Requirement

- If your nursing program was not taught in English, you must submit a passing score for one of the following exams (or submit proof of enrollment and complete the exam by Week 3):
- **TOEFL:** 560 (paper), 220 (computer), or 83 (iBT)
- **IELTS:** Overall 6.5 (minimum 6.0 in all sections)

- PTE Academic: Overall 55 (minimum 50 in all modules)
- OET (Nursing): Minimum 300 in all sub-tests (Reading, Writing, Listening, Speaking) — remotely proctored versions not accepted
- Michigan English Test (MET): 55 overall, minimum
 55 in speaking
- TSE: 50 and TWE: 4.0









PHASE 1

13-Week Online NCLEX Preparation Program

Duration: 13 weeks (Spring)

■ **Delivery Mode:** Online & Synchronous

■ Total Hours: 200 Hours

■ Final Outcome: Sit for the NCLEX exam in Week 12

Key Benefits

Gain mastery in NCLEX domains, develop U.S. nursing judgment, and receive adaptive exam training.



Curriculum Breakdown

NCLEX Orientation & Study Techniques (10 hrs)
Test-taking strategies, exam structure, blueprint overview.



Medical Terminology (15 hrs)

Language used in U.S. documentation and clinical charts.



NCSBN Clinical Judgment Model (20 hrs)

Cue recognition, prioritizing hypotheses, clinical decision-making.



Pharmacological & Parenteral Therapies (20 hrs)

Drug classes, IV therapy, dosage safety, U.S. medication protocols.



Reduction of Risk Potential & Safety Protocols (20 hrs)

Infection control, fall prevention, pressure injury strategies.



Health Promotion & Maintenance (20 hrs)

Preventative care, developmental stages, patient education.



U.S. Healthcare Ethics, Law, & Communication (24 hrs)

HIPAA, informed consent, patient rights, cultural humility.



Management of Care & Delegation (30 hrs)

Team-based care models, prioritization, leadership skills.



Psychosocial Integrity & Spiritual Care (20 hrs)

Mental health interventions, grief care, faith in practice.



NCLEX Simulation Exam (8 hrs) - Week 12

Adaptive practice exam with faculty feedback for final preparation.





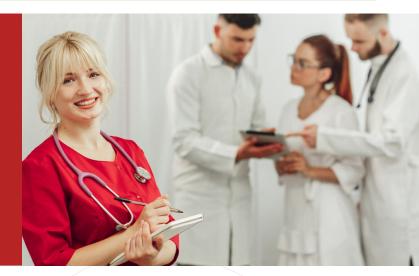
PHASE 2

3-Week In-Person Summer Intensive

- **Location:** Southwestern Adventist University (SWAU), Keene, Texas
- **Duration:** 3 weeks | July-August 2026
- Format: Daily immersive sessions (Mon-Thurs), cultural & licensing support

Includes

- Housing
- Meals
- Airport pickup
- Licensing guidance
- Simulation labs
- Clinical site visits
- Transition & assimilation programming



Weekly Themes

Week 1: Communication & Culture

- U.S. clinical documentation, SBAR technique, patient dialogue role-play.
- Cultural assimilation, daily life in Texas, navigating public spaces.

Week 2: Simulation & Safety

- Clinical safety protocols, fall prevention, emergency simulations.
- American Heart Association basic life support refresher.



Week 3: Workforce & Licensure

- Texas Board of Nursing process, job readiness, mock interviews.
- Visa support services, orientation to U.S. hospital systems.





Additional Support Services



Program staff provide direct assistance in preparing documentation, scheduling interviews, and preparing for consular appointments.

Employment Placement

Participants who pass the NCLEX will receive an official offer letter from AdventHealth Southwest Region.

Begin onboarding process with relocation support and cultural training.

Transportation & Car Use

Applicants may note whether they plan to bring a vehicle; parking on campus is free.

Family Accompaniment

Applicants may disclose if family members have visited the U.S. before. While Phase 2 is designed for the selected nurse only, information helps with planning.

How to Apply

The online application includes

- Personal and professional details
- Proof of nursing license
- Nursing transcript (unofficial copy)
- Proof of English Proficiency Exam (or plan to complete by Week 3)
- **Optional:** Information about previous U.S. travel, family, or car arrangements

Apply now to be part of a life-changing journey to become a licensed nurse in the United States!

Spots are limited. Priority deadline

January 16th, 2026

