



Tentative SWAU STEP Program

Simplified Itinerary: July 19 – August 6, 2026

Sunday, July 19 – Arrival Day

3:00–5:00 PM: Check-in, Welcome & Orientation

5:00–6:00 PM: Dinner & Parent Goodbyes (Cafeteria)

Monday–Thursday Schedule (July 20–23, July 27–30, August 3–6)

8:00–9:00 AM: Breakfast (Cafeteria)

9:00–12:00 PM: Morning Class – *BIOL 103 or MATH 141 or COMM 137*

12:00–1:30 PM: Lunch (Cafeteria)

1:30–2:30 PM: Afternoon Class – *BIOL 103 Lab or KINA 111*

(Note: BIOL 103 includes a 1-hour lab and will run until 2:30 PM)

3:00PM – 4:00PM: Math Lab/ Study Hall/ Tutoring/ Career Development/ Habits Topics

5:00–6:00 PM: Dinner (Cafeteria)

6:00–9:00 PM: Evening Activities

Monday/Tuesday: Open Gym (Basketball, Volleyball, etc.)

Wednesday: SLAD Worship Night (7pm – 8pm)

Thursday: Student Services / Enrollment Activity Night

Friday Schedule (July 24, July 31)

8:00–9:00 AM: Breakfast (Cafeteria)

9:00–2:00 PM: Educational Field Trip (Pack Lunch provided by cafeteria)

2:00–5:00 PM: Free Time & Relaxation

5:00–6:00 PM: Dinner (Cafeteria)

7:30–9:00 PM: SLAD Friday Night Worship (not applicable for August 8th)

Saturday Schedule (July 25, August 1)

9:00–10:00 AM: Breakfast (SLAD) and SLAD Sabbath School at Keene SDA Church Student Center

10:00–11:00 AM: Elevate Worship

11:00–12:30 PM: Summit Worship

1:00–2:00 PM: Lunch (Cafeteria)

2:00–5:00 PM: Free Time

5:00–6:00 PM: Dinner (Cafeteria)

7:00–8:00 PM: Vespers

8:00–11:00 PM: Student Services / Enrollment Evening Social Event

Sunday Schedule (July 26, August 2)

10:30–12:00 PM: Brunch (Cafeteria)

2:00–4:00 PM: Fun Activity (Movie, Pool Party, Game Day, etc.)

5:00–6:00 PM: Dinner (Cafeteria)

6:00–8:00 PM: Group Study/Group Projects (if applicable)

Friday, August 6th – Departure Day

8:00–10:00 AM: Breakfast/ Farewell (Cafeteria)

10:00–5:00 PM: Departure/Parent Pick Up