



**Tentative SWAU STEP Program  
Simplified Itinerary: July 19 – August 6, 2026**

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**Sunday, July 19 – Arrival Day**

**3:00–5:00 PM:** Check-in, Welcome & Orientation

**5:00–6:00 PM:** Dinner & Parent Goodbyes (Cafeteria)

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**Monday–Friday Schedule**

**8:00–9:00 AM:** Breakfast (Cafeteria)

**9:00–12:00 PM:** Morning Class – *BIOL 103 or MATH 141 or COMM 137*

**12:00–1:30 PM:** Lunch (Cafeteria)

**1:30–2:30 PM:** Afternoon Class – *BIOL 103 Lab or KINA 111*

*(Note: BIOL 103 includes a 1-hour lab and will run until 2:30 PM)*

**3:00PM – 4:00PM:** Math Lab/ Study Hall/ Tutoring/ Career Development/ Habits Topics

**5:00–6:00 PM:** Dinner (Cafeteria)

**6:00–9:00 PM:** Evening Activities

*Monday/Tuesday: Open Gym (Basketball, Volleyball, etc.)*

*Wednesday: SLAD Worship Night (7pm – 8pm)*

*Thursday: Student Services / Enrollment Activity Night*

*Friday: SLAD Friday Night Worship*

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**Saturday Schedule (July 25, August 1)**

**9:00–10:00 AM:** Breakfast (SLAD) and SLAD Sabbath School at Keene SDA Church Student Center

**10:00–11:00 AM:** Elevate Worship

**11:00–12:30 PM:** Summit Worship

**1:00–2:00 PM:** Lunch (Cafeteria)

**2:00–5:00 PM:** Free Time

**5:00–6:00 PM:** Dinner (Cafeteria)

**7:00–8:00 PM:** Vespers

**8:00–11:00 PM:** Student Services / Enrollment Evening Social Event

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**Sunday Schedule (July 26, August 2)**

**10:30–12:00 PM:** Brunch (Cafeteria)

**2:00–4:00 PM:** Fun Activity (Field Trip, Movie, Pool Party, Game Day, etc.)

**5:00–6:00 PM:** Dinner (Cafeteria)

**6:00–8:00 PM:** Group Study/Group Projects (if applicable)

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**Friday, August 6th – Departure Day**

**8:00–10:00 AM:** Breakfast/ Farewell (Cafeteria)

**10:00–5:00 PM:** Departure/Parent Pick Up